

Modified Playing Rules for U7/U8

1. Opposing parent/coaches and players should shake hands after each game.
2. Do not record league standings.
3. Do not record final score.
4. Participation awards for **ALL**.
5. Parent/coaches, non-playing players, parents and spectators should be located not less than **3 yards** from outside the touchline, nor should they be closer than **10 yards** to the goal line.
6. **NO** individual will be allowed to run the length of the field except participants in the game.
7. No alcoholic beverages will be consumed or allowed in the Soccer Complex. Smoking and animals in the Complex are banned as well.

The Field

- Distinctive lines not more than five (5) inches wide.
- A halfway line shall be marked out across the field.
- A center circle with a five (5) yard radius.
- Four corner arcs each with a two (2) foot radius.
- Goal area three (3) yards from each goal post and three (3) yards into the field of play joined by a line drawn parallel with the goal line.

Equipment

- Size three (3) ball.
- Soft cleated soccer shoes. NO baseball cleats.
- Shinguards ARE mandatory.
- Socks are to be worn on the OUTSIDE of the shin guard completely covering it (not under the shin guard and folded over).
- No jewelry or metal hair clips.
- Each player shall have a number on the back of his jersey not less than 4 inches high.

Number of Players/Time Played

- Maximum number of players on the field is six (6) including the Goal Keeper.
- Playing time is four (4) quarters, twelve (12) minutes each.
- One one (1) minute break between quarters.
- One five (5) minute half time between quarters 2 and 3.
- In extreme heat conditions water breaks can be granted by the referee at any time during the game. Players must remain on the field while they drink.
- All players get equal playing time regardless of skill or ability.

Referee

- Referee's decisions on points of fact connected with the game shall be final.
- All rule infractions shall be briefly explained to the offending player.

Game Substitutions

- Substitutions can be done between quarters, except for injuries, or child initiated substitution.

Start of the Play

- Opponents must be five (5) yards from the center mark while kicking off is in progress.
- Alternate kickoffs for each team at the beginning of each quarter at the center circle.

Fouls/Misconduct

- All fouls result in an indirect free kick with the opponent five (5) yards away.
- Referee must explain all infractions to the offending player.

Free Kick

- All free kicks are indirect.
- A goal may not be scored until the ball has been played or touched by a second player of either team. Opponents must be five (5) yards away.
- No kick shall be taken by the attacking team within the defending team's goal box.

Penalty Kick

- No penalty kicks are to be taken in this age division.

Throw-in

- Throw-ins with (1) one "do-over" then play continues.
- Opponents must be five (5) yards away.

Goal Kick

- Goal kick may be taken from any point inside the goal area.
- Opponents must be five (5) yards away from the ball.
- All kicks are indirect free kicks.

Corner Kick

- Opponents must be three (3) yards away from the ball.
- All kicks are indirect.